# Discovering Music Theory

#### THE ABRSM GRADE 4 WORKBOOK

Design by Kate Benjamin Music origination for workbook by Moira Roach Music origination for practice exam paper by Pete Readman Cover and inside illustration by Andy Potts

First published in 2020 by ABRSM (Publishing) Ltd, a wholly owned subsidiary of ABRSM © 2020 by The Associated Board of the Royal Schools of Music ISBN 9781786013484 AB 4013

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of the copyright owner.

Printed in England by Page Bros (Norwich) Ltd, on materials from sustainable sources P14812

## CONTENTS

Introduction	
Chapter 1: Rhythm (Part 1)	1
Breves and breve rests; double-dotted notes; duplets	
Chapter 2: Rhythm (Part 2)	8
New simple time signature: $\frac{4}{8}$ ; new compound time signatures: $\frac{4}{4}$ $\frac{9}{16}$ $\frac{6}{16}$ $\frac{9}{16}$ $\frac{12}{16}$ ; grouping notes and rests	
Chapter 3: Pitch	16
The alto clef; double sharps and double flats; enharmonic equivalents	
Chapter 4: Keys & Scales (Part 1)	24
Technical names for the degrees of the scale; the keys and scales of B major and D♭ minor	
Chapter 5: Keys & Scales (Part 2)	30
The keys and scales of Bb minor and G $\sharp$ minor; the chromatic scale	
Chapter 6: Intervals	39
The minor 2nd; augmented and diminished intervals	
Chapter 7: Triads/Chords	47
Primary triads; primary chords in root position	
Chapter 8: Terms, Signs & Instruments (Part 1)	54
Instruments and their families; instrument ranges and clefs used; instrumental directions	
Chapter 9: Terms, Signs & Instruments (Part 2)	59
Ornaments; new Italian and French terms; repeat signs	
Chapter 10: Music in Context	64
Practice Exam Paper	69

Music examples are written by the author unless otherwise stated. Some music examples have been adapted to suit learning requirements.

## More compound time signatures: 6 9 12

- $\begin{array}{c} 6\\ 16\end{array}$  ,  $\begin{array}{c} 9\\ 16\end{array}$  and  $\begin{array}{c} 12\\ 16\end{array}$  are examples of compound time signatures; they have a dotted-quaver beat that divides into three semiguavers.
- $\frac{6}{16}$  has two beats in each bar
- $\frac{9}{16}$  has three  $\frac{1}{2}$  beats in each bar
- has four beats in each bar
- Notes are usually grouped into dotted-quaver beats, but in  $\frac{9}{16}$  dotted quavers are beamed together across an entire bar, just as quavers are in  $\frac{3}{8}$  and  $\frac{3}{4}$ .

#### Smart tip

It might help to think of these time signatures as  $\frac{6}{8}$ ,  $\frac{9}{8}$  and  $\frac{12}{8}$ , with the time values halved.



#### **Exercise 3** Number the beats and then complete the time signature for each of these melodies.



# **Challenge!** Write your own rhythm using one of the new time signatures.





#### **Exercise 4** Add a number in each box to complete these sentences.

semiquavers in a bar.

quaver beats in a bar.

minim beats in a bar, or

crotchets.

dotted minim beats in a bar.

quaver(s).

minim(s).

dotted quaver(s).

#### Theory in sound

Listen to a recording of Schumann's 'Sehnsucht', Op. 51, No. 1, which is in 12 time. Can you count along with the beat? As you listen, try to subdivide the beat into threes for compound time.

#### • Duple time has 2 beats in each bar

**Remember!** 

- Triple time has 3 beats in each bar
- Quadruple time has 4 beats in each bar

#### Smart tip

There are lots of ways you can become familiar with the alto clef.

Here are two to try:

1. Make up phrases from the letter names of the notes in the alto clef on the lines and spaces, and write them in the spaces below.



2. If you remember that **middle C** is on the **middle line** in the alto clef, you can count up or down from this note to find any other pitch.

**Exercise 2** Tick ( ) one box for each question to show which clef is needed for each named note.



#### **Exercise 3** Rewrite these notes in the given clefs, keeping the pitch the same.

#### Smart tip





#### **Exercise 4** Rewrite these notes **one octave higher**, in the given clefs.

#### Smart tip





## TRIADS/ CHORDS

In this chapter you will learn about Primary triads Primary chords in root position

#### **Tonic triads in new keys**

At Grade 4 you will encounter the tonic triads for all the major and minor keys covered so far. Exercise 1 tests you on the tonic triads of the new keys introduced at Grade 4.

### **Remember!**

A tonic triad is a chord consisting of the tonic (1st), the mediant (3rd) and the dominant (5th) degrees of the scale.

#### Smart tip

The interval between the tonic and the mediant (the bottom and middle notes of tonic triads) is a major 3rd for major triads and a minor 3rd for minor triads.

#### **Exercise 1** Add one note to complete each tonic triad. Use accidentals if necessary.







B major

G<sup>#</sup> minor



Db major





**B** major



Db major





Write these tonic triads in the given clefs



in cicio.	
	D♭ major
	6.



Ab major



F<sup>#</sup> minor





B major



## **Primary triads**

the scale.

- A tonic triad (I) contains the tonic, mediant and dominant degrees of the scale.
- A subdominant triad (IV) contains the subdominant, submediant and tonic.
- A dominant triad (V) contains the dominant, leading note and supertonic.

said to be in **root position**.



#### **Exercise 2** Circle the three notes that form the subdominant triad in each scale.

D minor







**Primary triads** are three-note chords built on the tonic, subdominant and dominant degrees of

The note that a triad is built on is called its **root**. In C major, the root of the dominant triad is G - the 5th degree (dominant) of the C major scale. When the root is the lowest note, the triad is